

(Whether we're happy, sad, angry, or glad, it's good to talk about our feelings. This bouncy tune will help you get started.)

# How I Feel

The Committee for Children

(1st verse:)

C G7 G

I feel proud when I build a big tower, I feel mad when it gets knocked

4 C F C D7

down. I feel happy when I eat an ice cream cone, I feel sad when it plops

8 G7 (Chorus:) F C

on the ground. What - e - ver I feel, I'll tell you about it. I

12 G7 C C7 F

might want to shout it, or whisper in your ear. What - e - ver I feel, I'll

15 C G7 C

tell you about it. I'll tell you just how I feel, I feel, I'll

18 G7 C

tell you just how I feel I feel

(2nd verse:)

I feel happy when I go to the park  
 I feel excited when a friend comes, too  
 I feel brave when I'm flying down the slide  
 I feel yucky when sand gets in my shoe

(4th verse:)

I feel happy when I go to school  
 I feel shy when I make a new friend  
 I feel a little bit sad when you say goodbye  
 I feel glad when I see you again.

(3rd verse:)

I feel happy when the sun is shining  
 I feel surprised when lightning flashes  
 I feel excited when I watch the stars come out  
 I feel scared sometimes when thunder crashes